



# QUARTERLY REVIEW

**JINNAH MEDICAL & DENTAL COLLEGE  
JINNAH MEDICAL COLLEGE HOSPITAL  
MEDICARE CARDIAC & GENERAL HOSPITAL**



**CARDIAC & GENERAL HOSPITAL**  
Where Patient Care Is At The Heart Of All We Do

**APRIL 2015**

## THINK HEART THINK MEDICARE

### INAUGURATION of MEDICARE CARDIAC & GENERAL HOSPITAL

Medicare Cardiac & General Hospital was inaugurated on 15th February, 2015 by Professor Dr. Pirzada Qasim Raza Siddiqui, Vice Chancellor Ziauddin University. Chairman, S.M.Sohail Trust, Prof. Dr. Syed Tariq Sohail, Ex. Director, Syed Adnan Sohail, renowned Doctors, Corporate sector representatives & faculty members of the Jinnah Medical & Dental College were also present on the occasion. Professor Dr. Abdus Samad delivered the welcome address. Deputy Head of Cardiology, Dr. Asif Khan, Head of Administration, Lt. Col (R) Dr. Baqar Nawab, HOD Nursing, Mrs Rozina Nizar, briefed about the facilities. State of the art 150 bedded Medicare Cardiac & General Hospital will provide round the clock emergency services for cardiac patients including a dedicated cardiac emergency department, 24/7 availability for Emergency Angiography, Angioplasty, Cardiac By Pass Surgery for Adult & Pediatrics, Thoracic Surgery, Neurology, Orthopedic & General Surgical Procedures. Professor Dr. Pirzada Qasim Raza Siddiqui said the establishment of this Cardiac Hospital is a great initiative towards the treatment of cardiac patients. Dr. Syed Tariq Sohail while delivering his vote of thanks said "It will be one of the best heart centers of Pakistan, where all types of treatment will be provided and every effort will be undertaken to provide quality care at an affordable cost."



Inauguration Medicare Cardiac & General Hospital



Operation Theater For Adult & Pediatrics Cardiac Surgery



Cath Lab



Consultant Clinic Area



Private Room



Coronary Care Unit

### VISITORS GALLERY

**Dr. Saeeda Haider**

**Dr. S. Tipu Sultan**

**Prof. Dr. Tariq Rafi**

**Dr. Sulaiman Hasan**

**Dr. Shafqat Hasan**

**Maliha & Munir Bhemjee**

**Dr. Abdul Sattar Essa Jaffer**

**Mr. Saifuddin**

**Mr. Nasir Ali Syed**

*A very good facility indeed. Please maintain standards & patient care  
A superb gift to the city & patients. An excellent addition to the facility for professionals  
It's a great change of what I know. Keep it up*

*Very well done. Best of Luck*

*Very impressive facility. I hope it is a success*

*Awesome impressive state of the art facility! Mubarak & wish you great success*

*Congrats for centre of excellence. Keep it up!*

*God bless for providing this city such a fantastic facility. Best wishes to all the members  
of the team*

*Congratulations. May Allah gives Dr. Tariq & his team success in every aspect of life. Good  
work!*

## FREE HEART CHECKUP

Free heart camp with free screening facilities for ECG, BP, Blood Sugar, Cholesterol & BMI was held at Medicare Cardiac & General Hospital on March 07, 2015. Medicare Cardiologists, Interventionist, Cardiothoracic Surgeons, Medical Specialists, Dietitian examined more than 200 patients.



Feb 16, 2015: SECOND CABG, Mr. Sheikh Riaz Ahmed after 4th day of Surgery.

## INNOVATIONS IN CARDIAC SURGERY

Dr. Syed Taimur Asif Ali, Assistant Professor & Cardiothoracic Surgeon at Medicare Cardiac & General Hospital, delivered this lecture on February 14, 2015.



Feb 23, 2015: Third CABG, Mr. Pervaiz Aslam, following 14 days at follow up OPD.

**Geo News**, one of the leading Pakistani news channel conducted an interview with our consultant cardiologist, Dr. Asif Khan on the "environmental impact of electronic waste". Dr. Khan emphasised that around 40 million tons of e-waste was produced globally every year and a large portion of this is exported to developing countries like Pakistan. Unsafe handling of this e-waste which contains many heavy metals and dangerous chemicals can cause health hazards not only in the scrap workers but also in the population living in the surrounding areas. He urged the government to bring on relevant legislation which will not only have a positive impact on the health of workers but also result in increase revenues for the government by regularising this trade. He has also stressed the importance for the individual workers to properly cover their skin and to wear goggles and face masks while handling the e-waste.



Feb 28, 2015: First Total Knee Replacement, Mrs. Salma Ahmed with family after 4th day.



## FACULTY JOURNAL CLUB

JMDC Faculty Journal Club conducts regular lectures every Wednesday. Following lectures were delivered.

**Speaker** Dr. Syeda Tahura Zain

Periodontics

**Topic** Tobacco use and Periodontal Patients

**Speaker** Dr. Mariam Younus

Pharmacology

**Topic** Efficacy of single dose and triple dose Albendazole and Mebendazole agonist soil transmitted helminths and Taenia species

**Speaker** Dr. Amna Hussain

Pathology

**Topic** Dyslipidemia in women with polycystic ovarian syndrome: A case control study in tertiary care hospital of Karachi

**Speaker** Dr. Farida Hamid /

Prof. Asha Mahesh

Gyn. & Obstetrics

**Topic** Post-partum insertion of intrauterine device

**Speaker** Dr. Imran Afzal &

Dr. M. Jawaid

Forensic Medicine

**Topic** Violent Asphyxial Death

**Speaker** Dr. Yusra Asrar

Dental Surgery

**Topic** Severe Periodontal condition as a result of Diabetes Mellitus type-II

## WORLD CANCER DAY

World Cancer Day was held at JMDC on February 18 at Dr. Zaki Hasan Auditorium. Two Lectures were held to mark the day:

**ORAL HEAD & NECK CANCER AWARENESS** was delivered by Prof. Dr. Salman Matiullah, HOD, ENT Dept. He told that according to different research studies, supari, gutka & tobacco consumption have definite role in causing oral cancer. More emphasis should be given for early diagnosis of oral cancer, because if they are diagnosed in initial stages the outcome of treatment are excellent. Due to lack of awareness, poverty & denial, people do not go for diagnostic test (Biopsy & Histopathology) and disease spreads to local & regional nodes. It was also emphasized that the treatment for oral cancer and head & neck cancer is very expensive, therefore there is lot of financial burden on the Patient and his family.

**AN OVERVIEW OF GYNECOLOGICAL CANCERS** was delivered by Dr. Farida Khattak, Registrar Gynaecology & Obstetrics Department.

## WELCOME TO S.M. SOHAIL TRUST

**Dr. Aftab Ahmed**

Professor  
Pathology

**Dr. Murad Qadir**

Associate Professor & HOD  
Community Medicine

**Dr Huma Ghazanfar Kiani**

Assistant Professor  
Dentistry

**Dr. Shazia Aftab**

Assistant Professor  
Gynecology & Obstetrics

**Dr. Syed Asif Taimur Ali**

Assistant Professor  
Cardiothoracic Surgery

**Dr. Syed Raza Ali**

Assistant Professor  
Anesthesiology

**Dr. Ali Akbar Panhwar**

Anesthetist  
Anesthesiology

**Dr. Nusrat Mishraz Siddiqui**

Echo Cardiographer  
Cardiology

**Mr. Imdad Ali**

Manager  
Cath Lab

**Ms. Rida Allauddin**

Physiotherapist  
Cardiac Rehabilitation

**Ms. Shabana Umer**

Assistant Manager  
CSSD

## PROFESSIONAL & CONTINUING EDUCATION

NAME	DEPARTMENT	TOPIC	VENUE
Prof. Dr. Mahadev Harani	Clinical Laboratory	Hematology Conference	Rawalpindi

## CONVOCATION

JINNAH MEDICAL & DENTAL COLLEGE awarded **342** Degrees for the MBBS graduates of 2013 and 2014, BDS graduates of 2013 and 2014 and Doctor of Pharmacy graduates of 2012, 2013 and 2014.



The Convocation ceremony was held on 7<sup>th</sup> February 2015 at Jinnah Medical College Hospital, Korangi. Dr. Syed Tariq Sohail, Chairman S. M. Sohail Trust, in his welcome address highlighted the importance of ethical practice. Professor Dr. Pirzada Qasim Raza Siddiqui, as Chief Guest in his keynote address for the graduates, emphasized the importance of acquiring a high degree of skills & knowledge. Professor Dr. Hussain Mehdi, JMDC Principal, said that the College is listed in WHO Directory and many of our graduates are working in Pakistan and all over the world, bringing credit and honor to the Country and JMDC. We are proud of them. Professor Dr. M.Qaiser, Vice Chancellor, University of Karachi spoke about the expectation of the community from the Doctors and the role of JMDC in producing good doctors.



## POSITION HOLDERS

The following graduates received Academic Achievement Award for having the best overall academic record in their graduating class.

Nisha Nizar Ali & Uzair Ashraf – MBBS Class of 2013  
Rimsha Ali – MBBS Class of 2014  
Ayesha Jawaid – BDS Class of 2013  
Sohaila Khan – BDS Class of 2014  
Kiran Shafiq – PharmD Class of 2012  
Muhammad Suleman Imtiaz - Pharm D Class of 2013



Dr. Charles Amjad Ali conducted a special lecture "Ethics" on Jan 5, 2015, for the faculty & students.



## MEDICARE CARDIAC & GENERAL HOSPITAL

22-23, Shaheed-e-Millat Road, Karachi - 74000-Pakistan.  
Appointments & Information Phone # 34931886-9 Ext: 305/306  
For Emergency Phone # 34931886-9 Ext: 303 Fax # 34938035  
E-mail: [infomhh@jmc.edu.pk](mailto:infomhh@jmc.edu.pk) website: [hospital.jmc.edu.pk](http://hospital.jmc.edu.pk)